

# MARIST COLLEGE CANBERRA ROWING CLUB

## LEARN TO ROW - INFORMATION AND CONSENT FORM

CHILDS NAME: .....

ADDRESS: .....

DATE OF BIRTH: .....

YEAR GROUP (2016): .....

CURRENTLY AT MARIST: YES / NO

### EMERGENCY CONTACT:

NAME: .....

NUMBER: .....

### MEDICAL DECLARATION

Please detail any medical or psychological conditions the coaches should be aware of in relation to the learn to row participant (ie. asthma, epilepsy) :

.....  
.....  
.....  
.....

### BACKGROUND

Has the learn to row participant rowed before :      **Yes**    **No**

Has the learnt to row participant had other water based sports experience (ie: canoeing or kayaking) :      **Yes**    **No**

## CONSENT

Rowing is a water-based sport. While there is on land elements participants will be in boats on the water learning to row. While all coaches are experienced there is inherent risk in learning to row as there is with all water sports.

By signing this form you consent to your child being taught to row including (but not limited to):

- being placed and instructed in a rowing boat
- by doing capsized drills
- by swimming in the lake
- by observing others from the motorboat.

All precaution is taken to instruct the participants as to how to row safely and to provide a safe environment. They will, however, fall in the water, they will capsize. By signing this form you indicate your understanding of the risk and consent to your child learning to row and releasing from liability the club, its office holders, members and all coaches from any damages that may occur including via any negligence.

Should an accident occur by signing this form you also consent to the coaches administering first aid and if necessary to transporting your child to hospital including by ambulance as required. In signing this form you release from any liability the club, its office holders, members and all coaches.

The cost of the course is a one off fee of \$60 required to be paid at the first session.

**To participate in learn to row your child must be able to swim. In signing this form you confirm that your child is capable of swimming a minimum of 100 metres unassisted.**

Signature of Parent or Guardian: .....

Date: .....